



Men's Redemption Project

Facilitators:

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Level of Care Services: SACOT, SAIOP, OPBH

Meeting Time: Tuesdays -11:00-12::30 and Evenings from 7:00 to 8:30 PM

I believe the family structure has been devastated by the loss of or minimization of power in family roles to include the presence of fathers in the home. The human family is facing some of the same types of issues similar to the elephant family, where the males are missing due to massive numbers being killed for ivory. The missing elephant older elephant bulls have thrown the natural balance of the elephant family out of order. With the elephants not having the older male elephants present to teach and discipline the younger male elephants especially during critical stages of growth and development, the family of elephants are in a family and community crisis, resulting in the young male elephants acting out in violent ways never witnessed before in the history of the elephant family structure. The human family is not very different than that of the elephant family. With the absence of the father in homes in numbers greater than ever in our past, the young human males are acting out in ways never witnessed before in history.

By, Clara Downing – Bain, a woman who has witnessed the destruction of the American family system and believes it is directly related to the invisible father in the home.

Group Description

- **The Men's Redemption Project teaches men how to reconstruct their lives , relationships by developing alternatives to drug use, violence and abandonment issues**

- **The Men's Redemption Project teaches men alternatives to bring healing to families, friends and community**
- **The Men's Redemption Project promotes self-forgiveness through an active and spiritual process**
- **The Men's Redemption Project teaches men how to take responsibility for their own actions even when angry and regardless of the past**
- **The Men's Redemption Project teaches men the key steps towards self – forgiveness and having a healthy, violence-free, adult male life**

Material Used:

Hazelden: The Men's Workbook Series

Various Videos Series

Various Speakers

Course Objective:

The Men's Redemption Project is designed to help participants with substance abuse/ mental health challenges and struggling with self-esteem, inner peace, self-forgiveness and stop the violence upon themselves and/or others that tears lives apart

Examples of Group Topic Discussion:

1. Act Like a Man – What is a Man?
2. Tradition and Culture
3. Dealing with Physical Violence
4. Raised to Be Bullies
5. Dealing with Emotional Violence
6. Act Like a Lady
7. Dealing with Sexual Violence
8. Men, Spirituality, and Religion- Becoming Whole
9. Becoming Partners
10. Man –to-Man (Building Trusting Relationships)
11. Parenting Nonviolently
12. Being an Ally to Young Men
13. Interventions Becoming Whole: Learning New Roles, Making New Choices
14. Getting Help
15. Fatherhood
16. Relationships (family, friends, community)
17. Identifying Violence in My Life and How to Stop the Violence
18. Anger. Power, Violence and Drugs: Breaking the Connection

Procedures for Achieving Objectives:

1. Come to group on time

2. Each man will review and sign the Redemption Project Pledge
3. Review and discuss each chapter summary
4. Complete weekly assignments.
5. Discuss “real life” situations learned in The Redemption Project
6. Certificate and Community Recognition upon Completing **The Men’s Redemption Project**